

Dairy cows give us most of the milk we drink in the world. A cow must have a calf before it can give milk. A cow can give about 25 gallons of milk in one day. That's about 400 glasses of milk! Baby calves drink milk until they are about eight weeks old. After that, cows drink water, and lots of it. They drink about a bathtub full of water a day. We use milk from cows to make many different kinds of foods including yogurt, cheese, butter, and ice cream. These types of food are called dairy foods.

Day 1

Write three things you know about cows.

Day 2

Make a List!

Draw or list things that you can make with milk.



Day 3

Fill in the blanks.

Cows drink about a _____ full of water each day.

A cow must have a _____ before it will give milk.

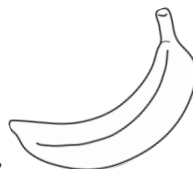
A cow can give about 25 _____ of milk in one day.

Day 4

Vocabulary

Focus

Circle the **dairy** foods.



Day 5

Write About It.

Do you like dairy foods? Which one is your favorite?

